

# RUMNEY OLD HOME DAY FUN RUN

## 5-K (3.1-miles)

**August 8, 2009**  
**Rumney, New Hampshire**



**Benefit:** Proceeds to benefit the Rumney Recreation Department

**Course Description:** Scenic New England village streets and roads (paved and gravel-surfaced). First 3 km of course is mostly flat, last 2 km is a steady, but gradual uphill climb followed by a fast downhill sprint back to the finish.

**Race Start Time:** 8:30 AM

**Race Start Place:** Rumney Town Common ( ¼-mi north of US Route 25 on Stinson Lake Road )

**Registration and fees:** Registrations postmarked before July 26 - \$5 children (under 15 yrs), \$12 adults  
after July 26 - \$7 children (under 15 yrs), \$16 adults

**Race Day Check-in:** Check-in and late registrations will take place from 7:45 – 8:15 AM at the Rumney Town Common.

**Awards:** Free t-shirts for early registrations only.  
Medals awarded to fastest overall male and female.  
Ribbons awarded to 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>-place male and female runners in the following age categories:  
under 10 yrs of age  
10 – 19 yrs  
20 – 29 yrs  
30 – 39 yrs  
40 – 49 yrs  
50 – 59 yrs  
60 – 69 yrs  
70 and over

**Contact:** Nathan Mulherin - Rumney OHD Race Organizer  
Telephone: (603) 786-9848  
Email: [Mulherin@roadrunner.com](mailto:Mulherin@roadrunner.com)

**Printable registration form on following page**



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